Ch 13 MFR: Child Birth Notes

**Anatomy:**

Ovaries

Fallopian Tubes

Cervix

Vagina

Perineum

Placenta

Umbilical Cord

Amniotic sac

Embryo

Fetus

Labor:

1. First Stage: Contraction, tightening of the uterus

Contraction time/interval time

Bloody show

1. Second Stage: Full dilation of the cervix and ends with the delivery of baby

Presenting part

1. Third Stage: Placenta expelled (after birth)

Terms:

Bulging/ crowning

Breech Birth

APGAR scoring: Appearance, Pulse, Grimace, Activity, and Respirations

Miscarriage

Prolapsed Cord

Toxemia

Ectopic Pregnancy

Placenta Previa

Abruptio Placenta

Premature births

Questions to ask to determine if delivery is imminent:

Are you bleeding

Do you feel like you have to have a bowel movement

Do you feel increased pressure in your vagina

Is there a chance for multiple births

Is this your first pregnancy

How long have you been having contractions

How far apart are the contractions

Has your water broken

Signs of excessive post-delivery bleeding

Anxiety

Changing levels of consciousness

Lethargy

Rapid pulse

Rapid respirations

Bleeding that does not slow down or stop

Post delivery bleeding:

Massage lower abdomen over uterus

Treat for shock

Encourage breast feeding

Initial Care of Baby:

Dry Baby

Clear airway

Check for breathing

Check circulation

APGAR score

Delivery:

Mother is on her back with legs separated and pillow under head. Sheet or towel under

her hips. Place a sheet over her legs.

Place palm of hand on baby’s head to prevent explosive birth.

If sac not broken –break with fingers away from babies face

Face is usually face down

Guide head down to deliver anterior shoulder and then guide head up to deliver

posterior shoulder.

Suction out of mouth First, then nose. Do several times. Use gauze if no bulb syringe

Rest of baby is delivered keep at same level as vagina until cord cut

Cord stops pulsating can tie gauze between mother and baby: Tie in 2 places and

Cut between

Dry and wrap baby

Place baby on mother’s abdomen or on side with head slightly lower than trunk

Record time

Placenta delivery could take up to 30 mins

Put placenta in bag and take to hospital

Pad over vagina

Monitor mother