Ch 13 MFR: Child Birth Notes

**Anatomy:**

Ovaries

Fallopian Tubes

Cervix

Vagina

Perineum

Placenta

Umbilical Cord

Amniotic sac

Embryo

Fetus

Labor:

1. First Stage: Contraction, tightening of the uterus

Contraction time/interval time

Bloody show

1. Second Stage: Full dilation of the cervix and ends with the delivery of baby

Presenting part

1. Third Stage: Placenta expelled (after birth)

Terms:

 Bulging/ crowning

 Breech Birth

 APGAR scoring: Appearance, Pulse, Grimace, Activity, and Respirations

 Miscarriage

 Prolapsed Cord

 Toxemia

 Ectopic Pregnancy

 Placenta Previa

 Abruptio Placenta

 Premature births

Questions to ask to determine if delivery is imminent:

 Are you bleeding

 Do you feel like you have to have a bowel movement

 Do you feel increased pressure in your vagina

 Is there a chance for multiple births

 Is this your first pregnancy

 How long have you been having contractions

 How far apart are the contractions

 Has your water broken

Signs of excessive post-delivery bleeding

 Anxiety

 Changing levels of consciousness

 Lethargy

 Rapid pulse

 Rapid respirations

 Bleeding that does not slow down or stop

Post delivery bleeding:

 Massage lower abdomen over uterus

 Treat for shock

 Encourage breast feeding

Initial Care of Baby:

 Dry Baby

 Clear airway

 Check for breathing

 Check circulation

 APGAR score

Delivery:

 Mother is on her back with legs separated and pillow under head. Sheet or towel under

 her hips. Place a sheet over her legs.

 Place palm of hand on baby’s head to prevent explosive birth.

 If sac not broken –break with fingers away from babies face

 Face is usually face down

 Guide head down to deliver anterior shoulder and then guide head up to deliver

 posterior shoulder.

 Suction out of mouth First, then nose. Do several times. Use gauze if no bulb syringe

 Rest of baby is delivered keep at same level as vagina until cord cut

 Cord stops pulsating can tie gauze between mother and baby: Tie in 2 places and

 Cut between

 Dry and wrap baby

 Place baby on mother’s abdomen or on side with head slightly lower than trunk

 Record time

 Placenta delivery could take up to 30 mins

 Put placenta in bag and take to hospital

 Pad over vagina

 Monitor mother